



New Hampshire Veterans Home Celebrates St. Patrick's Day

TILTON, NH – Residents and staff at the NH Veterans Home (NHVH) in Tilton celebrated St. Patrick's Day with a colorful parade through the home and a dance in the Recreation Center. Organized by the NHVH Recreation Department, the event included a live band, the Pete Marino Trio, who played Irish favorites and a wide variety of dance music. NHVH residents and staff danced and enjoyed refreshments.

Dozens of veterans' wheelchairs were decorated with green, yellow, and white helium balloons; participants sported green outfits, green hats, and shamrock pins. Anne Howe, RN, Director of Resident Care Services, said "We are committed to emphasizing the "home" in our nursing home. As

we grow older, we are faced with many challenges, but at the Veterans Home we believe this part of life can be very special—meaningful, stimulating, enriching, and even fun."

The New Hampshire Veterans Home was established in Tilton in 1890 as the Soldier's Home for Civil War Veterans. Today, the modern facility is home to men and women who have served their country and fellow New Hampshire citizens. The mission of NHVH is to provide high quality, professional long-term care services to the Granite State's elderly and disabled veterans. NHVH is the only long-term care facility in the Granite State that is dedicated exclusively to veterans.

As a professional health care provider, NHVH offers a full range of services including residential, medical/dental and nursing care as well as physical/occupational therapy, recreation, and dietetic and social services. Chapel services, exercise groups, arts and crafts, shopping trips, live entertainment, and various community outings support residents' quality of life. NHVH also offers inter-generational programs and animal-assisted recreational therapy.

In 2004, NHVH opened the 100-person Life Enhancement Dementia Unit to serve the long-term care needs of veterans who suffer from Alzheimer's and other related memory impairment disorders. The facility addition now enables NHVH to provide comprehensive long-term care services to a total of 250 Residents. Additional information is available online at the NHVH website www.nh.gov/veterans or by calling the NHVH at (603) 527-4400.

